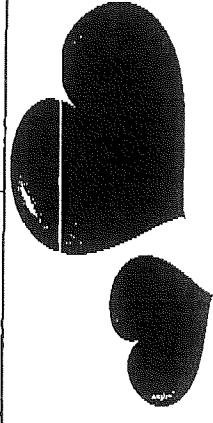


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Mushroom Barley Soup BBQ Grilled Chicken Potato Salad Whole Wheat Corn Bread Fruit OR Tuna Salad on Wheat Roll	6 Chicken Soup Baked Ziti w/ Cheese and Meatballs Tossed Salad Wheat Garlic Bread Pudding OR Spinach Salad w/ Chicken	7 French Onion Soup Pork Chop Suey Fried Rice Asian Green Beans Fruit OR Turkey & Swiss on Wheat Roll	1 Roasted Cauliflower Soup Cherry Balsamic Chicken Roasted Potato Sliced Carrots Lorna Doane Cookies OR Chicken Salad Club on Wheat	2 Venus de Milo Soup Sausage and Pepper Sandwich on Wheat Roll Mixed Vegetables Baked Chips, Fruit OR Chicken Caesar Salad
12 Minestrone Soup Wheat Pasta w/ Sausage and Escarole Caesar Salad Fruit OR Cobb Salad	13 Split Pea Soup Stuffed Pepper Roasted Chicken Drumstick Wheat Roll Jell-O OR Greek Salad w/ Chicken	14 VALENTINE'S DAY MEAL Vegetable Soup Fish Bake w/ Beans Whole Wheat Roll Brownie OR Egg Salad on Wheat Roll	15 Fresh Fruit Chili Con Carne Wild Rice Roasted Zucchini Chocolate Chip Cookie OR Chicken Salad Plate	18 BIRTHDAY PARTY MEAL Sponsored by Timmy Health & Rehab Vegetable Noodle Soup General Tso's Chicken Vegetables to Mein Eggroll w/ Duck Sauce Pineapple Chunks OR Seafood Salad on Wheat
19 PRESIDENT'S DAY SENIOR SERVICES, INC. CLOSED	20 Creamy Chicken and Rice Soup Roasted Pork Loim w/ Gravy Mashed Cauliflower Peas and Carrots Whole wheat Roll / Fruit OR BLT on Wheat	21 Black Bean Soup Spanish Meatballs Wild Risotto Baby Carrots Pudding OR Tuna Salad Plate	22 BIRTHDAY PARTY MEAL Tomato Soup Chicken Confit Bleu w/ Gravy Mashed Potato Mixed Vegetables/Wheat Roll Cake OR OR Iceberg Wedge w/ Chicken	23 Rhode Island Clam Chowder Fish and Chips w/ Tartar Sauce Coleslaw, Fruit OR Corned Beef Rubeen on Rye
26 Fresh Fruit Irish Stew Tossed Salad & Biscuit Oatmeal Raisin Cookie OR Beef Salad w/ Chicken	27 Cream of Broccoli Soup Chicken Parm w/ Wheat Pasta Green Beans Chocolate Cake OR Meatball Sub on Wheat Roll	28 Strawberry Mango Salad Carne Asada Tacos Spanish Rice & Chopped Salad Brownie OR Italian Grinder on Wheat Roll		

WELCOME!

Our suggested donation is \$3.00 per meal.

The menu is subject to change without notice.

All menu items may contain nuts, seeds, beans, wheat, brain and other potential allergens.

Please call the meal site you wish to attend to reserve your meal!

EBT Cards are accepted at Social Street site!

Call 766-3734 for information.

SERVING SIZE

- Grains – 2 ounce
- Vegetables – 1/2 cup
- Fruits – 1/2 cup
- Protein – 3 ounce
- Dairy – 1 cup

PLEASE NOTE: Per directive from the RI Division of Elderly Affairs and the RI Dept. of Health, Senior Services Inc. cannot allow any perishable foods to leave the congregate meal site.