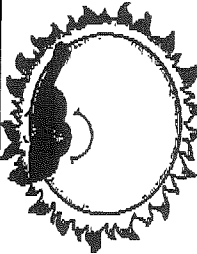



# JUNE 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 4 Minestrone Chicken Francese Wild Rice (Whole Grain) Sliced Carrots Fresh Fruit OR Ham & Provolone on Wheat	5 Kale & Navy Bean Soup Biscuits and Gravy Sausage Patty Mixed Veg Pudding OR Chef's Salad	6 Tossed Salad Spaghetti w/ Meatballs Stuffed Zucchini Breadstick Fruit Salad OR Roast Beef on Wheat Roll	 Chicken & Rice Soup Oven Roasted Beef Brisket w/ Gravy Mashed Potatoes Brussel Sprouts Corna Doone Cook OR Tuna Salad Club on Wheat	1 Red Clam Chowder Fish Cake w/ Tartar Sauce Three Bean Salad Whole Wheat Roll Jello OR Chicken Salad on Wheat Roll
11 Split Pea Soup Shepherd's Pie Mashed Potato Whole Wheat Roll Fruit Cup OR Turkey & Swiss on Wheat Roll	12 <b>BRUNCH!</b> Fresh Fruit Cheese Omelets Bacon Ham Home Fries	13 Caprese Salad Chicken a l'orange Broccoli Brown Rice Pilaf Chocolate Chip Cookies OR Seafood Salad on Wheat Roll	14 <b>FLAG DAY MEAL!</b> Spinach Salad Hamburger/Hot Dog on a whole wheat roll Potato Salad Lettuce and tomato Watermelon	15 <b>FATHER'S DAY MEAL</b> Italian Wedding Soup Fried Pork Chop w/ Gravy Roasted Sweet Potato Spinach Cake
18 Hummus w/ Pita Chips Grilled Chicken Rice Florentine (Whole Grain) Baby Carrots Pudding OR Meatball Grinder	19 Bean Salad Beef Tips Buttered Corn Mashed Cauliflower Fruit Salad OR Stuffed Tomato w/ Tuna	20 Roasted Cauliflower Soup Greek Fish Bake Cucumber and Carrot Salad Whole wheat roll Fruit Cup OR Italian Grinder	21 <b>FIRST DAY OF SUMMER</b> Spinach Salad Cheeseburger or Hot Dog on Wheat Rolls Pasta Salad & Cole Slaw Melon OR Seafood Salad on Wheat Roll	22 Lentil Soup Baked Ziti w/ Sausage & Cheese Stuffed Pepper, Garlic Bread Jello-O OR Chicken Sandwich on Wheat
25 Fruit Cup Texas Chili Roasted Zucchini Brown Rice Brownie OR Ham Salad on Wheat	26 Chopped Salad Asian BBQ Chicken Thighs Green Beans Eggroll Cookies OR BLT on Wheat	27 Tomato Soup Italian Beef Sandwich Potato Wedges Caesar Salad Whole Fruit OR Seafood Salad Plate	28 Apple & Cranberry Salad Oven Fried Chicken Mac & Cheese Mashed Sweet Potato Pudding OR Cheeseburger on Wheat Roll	29 Vegetable Soup Monte Cristo Sandwich French Fries Roasted Beets Melon OR Greek Salad w/ Chicken

**PLEASE NOTE:** Per directive from the RI Division of Elderly Affairs and the RI Dept. of Health, Senior Services Inc. cannot allow any perishable foods to leave the congregate meal site.

**WELCOME!**  
 Our suggested donation is \$3.00 per meal.

The menu is subject to change without notice.

All menu items may contain nuts, seeds, beans, wheat, bran and other potential allergens.

Please call the meal site you wish to attend to reserve your meal!

EBT Cards are accepted at Social Street site!

Call 766-3734 for information.

**SERVING SIZES**  
 Grains – 2 ounces  
 Vegetables – ½ cup  
 Fruits – ½ cup  
 Protein – 3 ounces  
 Dairy – 1 cup