The Rhode Island Office of Healthy Aging (OHA) is working closely with the Rhode Island Department of Health and Rhode Island Emergency Management Agency to coordinate the state's response to coronavirus disease 2019 (COVID-19). Older Rhode Islanders and individuals with underlying conditions are at higher risk of severe COVID-19 illness. Governor Raimondo and the Rhode Island Department of Health are encouraging our higher-risk populations to practice social distancing during at this time and use technology, whenever possible, to remain in touch with family and friends. If you are part of this higher-risk population, or caring for someone who is, please contact our healthy aging helpdesk, the Point, at 401.462.4444 with any questions or to learn about resources available in your community. Ensuring our elders and those in need have access to food and other critical resources at this time is a special concern. OHA is working with local municipalities, senior centers, and other state and community agencies to assist people with their resource needs. Below is a current contact list of senior/community centers and other local agencies available to assist older adults around the state (click the city name to access its website):

**Tips during this time:**
- ✓ Stay home whenever possible
- ✓ Limit in-person interaction with other people
- ✓ Wash your hands often
- ✓ Call the doctor if you are feeling sick
- ✓ Call the Point if you need help with food or other resources

For COVID-19 information and the latest guidance, call 401.222.8022 or visit [www.health.ri.gov/covid](http://www.health.ri.gov/covid).

For more OHA information, visit: [www.oha.ri.gov](http://www.oha.ri.gov)
**Community Action Agencies:**

Blackstone Valley Community Action Program | 401-723-4520 | [www.bvcap.org](http://www.bvcap.org)
- Area: Pawtucket, Central Falls, Lincoln, Cumberland, Woonsocket

- Area: Providence

Community Care Alliance | 401-235-7000 | [www.CommunityCareRI.org](http://www.CommunityCareRI.org)
- Area: Woonsocket

Comprehensive Community Action | 401-467-9610 | [www.comcap.org](http://www.comcap.org)
- Area: Cranston, Foster, Scituate, Coventry

Eastbay Community Action - Lower Bay | 401- 847-7821 | [www.ebcap.org](http://www.ebcap.org)
- Area: Newport, Portsmouth, Tiverton, Middletown, Jamestown, Little Compton

Eastbay Community Action - Upper Bay | 401-437-1000 | [www.ebcap.org](http://www.ebcap.org)
- Area: East Providence, Warren, Bristol, Barrington

Tri-County Community Action Agency - Northern | 401-351-2750 | [www.tricountyri.org](http://www.tricountyri.org)
- Area: North Providence, Johnston, North Smithfield, Smithfield, Burrillville, Glocester

Tri-County Community Action Agency - Southern | 401-789-3016 | [www.tricountyri.org](http://www.tricountyri.org)
- Area: Exeter, Charlestown, Narragansett, Westerly, Hopkinton, North/South Kingstown, Richmond, West Greenwich, New Shoreham

Westbay Community Action Partnership | 401-732-4660 | [www.westbaycap.org](http://www.westbaycap.org)
- Area: Warwick, West Warwick, East Greenwich

**Food & Supplies Resources:**

**Boxed Lunch Programs** *(limited quantities available)*
OHA is continuing its lunch program across senior centers and community agencies during this time. For more information about participating locations and hours, call the Point at 401.462.4444 or visit [www.oha.ri.gov](http://www.oha.ri.gov).

**Home-Delivered Meals** *(for elders with high need)*
Meals on Wheels is continuing to serve its current clients across the state and is working with OHA and local communities to increase services during this time. If you are age 65 or older, homebound and need assistance making meals, call Meals on Wheels at 401.351.6700.

**Emergency Meals/Supplies** *(open to all people in need)*
Visit [www.rifoodbank.org](http://www.rifoodbank.org) for a complete list of food pantries across Rhode Island.

**Early Morning Grocery Market Hours** *(limited to high-risk populations)*
The following grocery markets are offering special shopping hours and/or programs to assist older Rhode Islanders and those with chronic medical conditions in accessing needed supplies during this time. Contact individual markets for more information about these programs and/or visit [www.oha.ri.gov/markethours](http://www.oha.ri.gov/markethours) for the latest list of participating markets:

<table>
<thead>
<tr>
<th>Market Name</th>
<th>Hours</th>
<th>Notes</th>
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<tbody>
<tr>
<td>Brigido’s Fresh Markets</td>
<td>7:00a – 10:00a</td>
<td></td>
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<tr>
<td>Clements Market</td>
<td>7:00a – 8:00a</td>
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<tr>
<td>Dave’s Marketplace</td>
<td>7:00a – 8:00a</td>
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<tr>
<td>Dave’s Marketplace (small locations)</td>
<td>8:00a – 9:00a</td>
<td></td>
</tr>
<tr>
<td>Dollar General</td>
<td>6:00a – 7:30a</td>
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<tr>
<td>Jerry’s Market</td>
<td>7:00a – 8:00a</td>
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<tr>
<td>Ma &amp; Pa’s in Hope Valley</td>
<td>Curbside pickup</td>
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<tr>
<td>Richmond Farms Fresh Market</td>
<td>7:30a – 8:00a</td>
<td>Free delivery</td>
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<tr>
<td>Roch’s Fresh Foods</td>
<td></td>
<td></td>
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<tr>
<td>Save-A-Lot</td>
<td>8:00a – 9:00a</td>
<td></td>
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<tr>
<td>Shaw’s</td>
<td>7:00a – 9:00a (T/Th)</td>
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<tr>
<td>Stop &amp; Shop</td>
<td>6:00a – 7:30a</td>
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<tr>
<td>Target</td>
<td>7:00a – 8:00a (W)</td>
<td></td>
</tr>
<tr>
<td>Whole Foods</td>
<td>8:00a – 9:00a</td>
<td></td>
</tr>
</tbody>
</table>

**Local Restaurants**
Restaurants throughout the state are offering take-out and/or delivery options. Visit [www.eatdrinkri.com](http://www.eatdrinkri.com) for a complete list of restaurants statewide with online or take-out ordering or call your favorite local restaurant for information about available services.