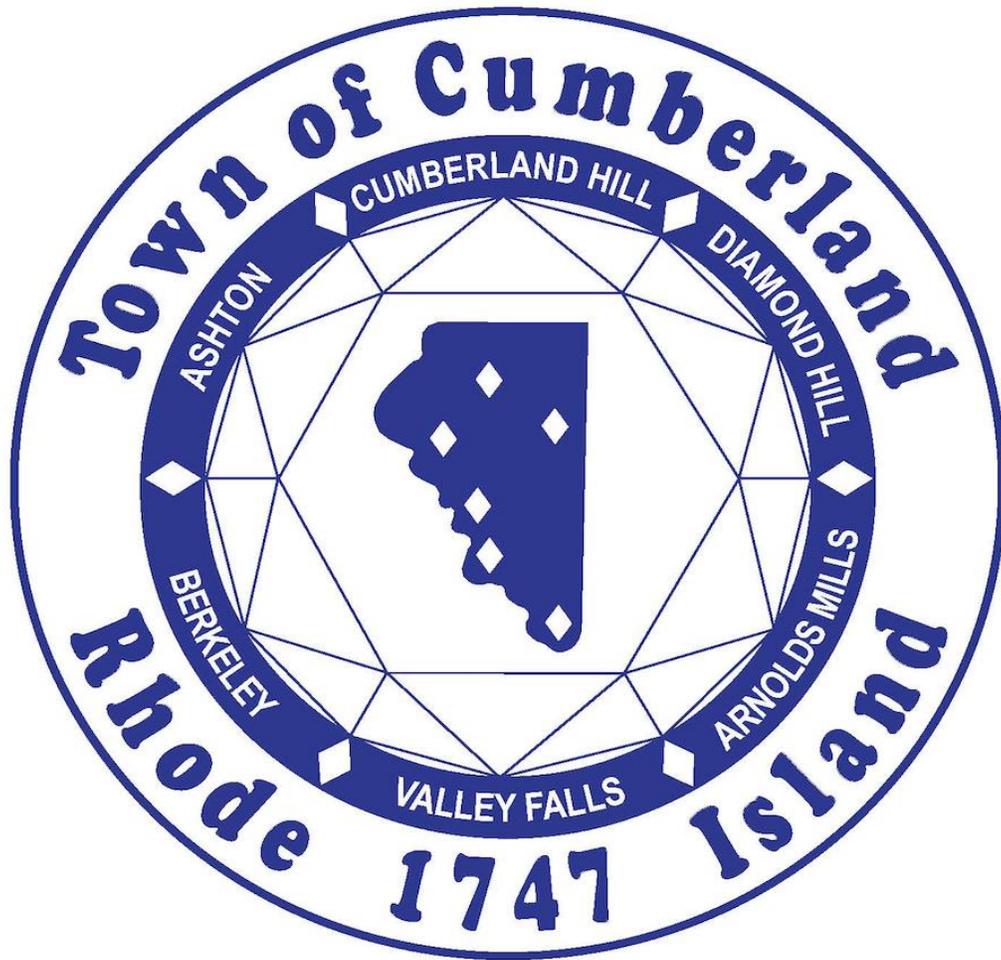


# CUMBERLAND, RI COMMUNITY RESOURCES MANUAL



A Guide to State and Local Resources

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**TOWN OF  
CUMBERLAND**

Office of Mayor Jeffrey J. Mutter,  
Linda Teel, Chief of Staff,  
Sarah King, Administrative Assistant

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Dear Community Member,

Being Mayor of the Town of Cumberland is an honor and a privilege. There are a lot of things that are truly special about the job. However, at its core this job is a responsibility to do the people's business each and every day.

The fact of the matter is, each of us needs help from time to time, that is the people's business and it is why I put together this manual. There are so many resources out there and it is my intention to make sure you are able to be connected to each and every one that you need. Services should be innovative, efficient, transparent and accessible for all residents.

If you have any questions or are in need of further assistance, please contact Sarah King. She can be reached at 401-728-2400 x132 or by email at [sking@cumberlandri.org](mailto:sking@cumberlandri.org).

Thank you for all that you do to make this community what it is.

Sincerely,

Mayor Jeff Mutter

# Child Care Assistance

The Child Care Assistance Program (CCAP) can subsidize the cost of child care for families that are residents of Rhode Island. CCAP is available for children who are US citizens or legal residents and under age 13. The age can be extended to 18 if the child has special needs.

Child Care Assistance is based on the following eligibility criteria:

- Low income families who meet income guidelines and are working a minimum of 20 hours per week at or above Rhode Island's minimum wage.
- Families participating in training, apprenticeship, internship, on-the-job training, work experience, work immersion sponsored by the Governor's Workforce Board, who need child care in order to take part in these job readiness/training opportunities.
- Families participating in the RI Works program.
- Pregnant/Parenting Teens participating in DHS' Youth Success program.

Transitional Child Care is also available to families. This program allows for families already participating in the CCAP program to remain eligible for the subsidy program if their income increases and does not exceed 225% of the federal poverty level.

Families that qualify for the CCAP program can choose their own child care provider. The CCAP program will reimburse authorized child care providers up to a certain amount. Most eligible families share in the cost of care, called a co-payment, based on their income, family size and the number of children receiving child care subsidies. This fee is paid directly to the child care provider.

Parents can select the child care provider of their choice and, if necessary, may use more than one provider to meet their child care needs so long as the hours of care do not overlap. Options for child care include:

- A DCYF licensed child care center or before/after-school program
- A DCYF licensed family child care home
- A license-exempt provider (relative) that has received approval from DHS

For a complete list of Providers approved to participate in the DHS Child Care Assistance Program, please contact BrightStars by phone at (401) 739-6100, e-mail at [info@BrightStars.org](mailto:info@BrightStars.org), or search the web at [www.exceed.ri.gov](http://www.exceed.ri.gov).

**List of Approved Providers in Cumberland:**

Four Corners YMCA Early Learning Center	160 Bear Hill Road, Cumberland, RI 02864	Louisa McCoy (401) 333-6402
Maple Hill Early Learning	3383 Mendon Road, Cumberland, RI 02864	Elaine Remillard (401) 405-0556
Academy For Little Children	35 Industrial Road, Cumberland, RI 02864	Cynthia Leonard (401) 333-4222
Dr. Day Care CDC - Cumberland	200 Angell Road, Cumberland, RI 02864	Olivia Gesualdi (401) 475-4551
Kid's Play	1725 Mendon Road, Cumberland, RI 02864	Kristen Quinn (401) 333-9970
Cumberland Preschool Center	130 Scott Road Cumberland, RI 08121	(401) 658-1600
Neighborhood Nursery Preschool	2550 Diamond Hill Rd., Cumberland, RI 02864	Claire DaSilva (401) 333-0999
Ashton AlphaBEST	130 Scott Rd. Cumberland, RI 02864	Mike Kenyon (401) 644-3396

BF Norton AlphaBEST	364 Broad St. Cumberland, RI 02864	Mike Kenyon (401) 644-4368
Cumberland Hill AlphaBEST	205 Manville Hill Rd. Cumberland, RI 02864	Mike Kenyon (401) 644-6159
Garvin AlphaBEST	1364 Diamond Hill Rd. Cumberland, RI 02864	Mike Kenyon (401) 644-4412
The Y at Blackstone Valley Prep	291 Broad Street Cumberland, RI 02864	Bianca Silvestri (401) 548-1507
Boys & Girls Club of Cumb-Lincoln	One James McKee Way, Cumberland, RI 02864	Jessica Bliss (401) 333-4850
MacColl YMCA @Blackstone Valley Prep	52 Broad Street Cumberland, RI 02864	Bianca Silvestri (401) 725-0773
Tanika Furtado	136 Roland Street, Cumberland, RI 02864	Tanika Furtado (401) 239-9565
Candy Messier	105 Farm Dr Cumberland, RI 02864	Candy Messier (401) 658-1131
Cheryl Delva	6 Arnold Mills Rd Cumberland, RI 02864	Cheryl Delva (401) 334-9198

Denise Pirraglia	3 Aurora Dr Cumberland, RI 02864	Denise Pirraglia (401) 333- 5301
McCourt AlphaBEST	45 Highland Ave. Cumberland, RI 02864	(401) 487- 0254
Monica Raspallo	15 Louise Luther Dr Cumberland, RI 02864	Monica Raspallo (401) 334- 3621
North Cumberland AlphaBEST	400 Nate Whipple Hgwy Cumberland, RI 02864	Mike Kenyon (401) 487- 0254
Rebecca Mello	15 Ridgewood Rd, Cumberland, RI 02864	Rebecca Lambert (401) 333- 6966
Susana Pare	389 W Wrentham Rd Cumberland, RI 02864	Susana Pare (401) 658- 1639

# Domestic Violence

**If you are in immediate danger and need emergency assistance, call 911**

The Rhode Island Coalition Against Domestic Violence (RICADV) has a network of member agencies that provide a wide array of services for victims, including emergency shelter, support groups, counseling services, and assistance with the legal system.

Full Member Agencies are organizations whose primary purpose is to end domestic violence and provide victim services.

The member agencies of the RICADV that serve the Cumberland area (and the services they provide) are:

## [Blackstone Valley Advocacy Center \(BVAC\)](#)

### **Residential Support:**

1. **Safe Home:** While residing in the safe home, guests are provided with basic needs such as: food, clothing, linens, personal items, furniture and household items. Additionally, extensive case management services are provided for all family members through the BVAC Residential Team. A clinical counselor is available to families to help deal with their emotional stress and trauma.
2. **Transitional Housing:** This program offers intensive case management and services around client identified issues. The families who reside within in the program are single female head of households who are survivors of domestic violence. It is a supervised living situation in a safe environment. It is designed to provide intensive services for a period of two years.

**Helpline:** The 24-hour helpline is provided for individuals in crisis. BVAC telephone calls range from seeking to escape a domestic violence situation to support and advocacy - (401) 723-3057

**Support Groups:** If you are interested in information about the support group or would like to join, call the center at (401) 723-3057 or contact by email at [info@bvadvocacycenter.org](mailto:info@bvadvocacycenter.org). The domestic violence support groups are offered weekly to the community and are held in a confidential location. Both English and Spanish support groups are available and are free and confidential.

## **Community Awareness:**

1. **Community Events:** Information, resources and staff support are provided to health fairs and community events.
2. **Professional Trainings:** Workshops and in-service presentations are provided to professionals in and outside of the workplace. Trainings are designed to meet the educational needs of diverse audiences.
3. **School Program:** The School Program, offered to students in the Blackstone Valley area, assists in breaking the cycle of abuse while providing teens with services that will enable them to develop healthy relationships.

For more information about Community Awareness Programs, please contact (401) 723-3057 or [info@bvacvocabularycenter.org](mailto:info@bvacvocabularycenter.org).

**Court Program:** The purpose of the Court Advocacy Program is to support and empower the victim, validate the victim's concerns, represent the victim's wishes and promote the victim's access to services. A BVAC advocate will assist the victim in the development of a safety plan and then support the decisions made through this plan.

If someone is charged by the police with committing a domestic violence crime against you, your court advocate will contact you to:

1. Explain your rights as a victim of a crime;
2. Explain the court process and what you can expect;
3. Convey your wishes to the prosecutors.

Court advocates are not attorneys and they cannot provide legal advice or representation.

**Law Enforcement Advocate Program:** The Law Enforcement Advocate (LEA) Program is a partnership between Blackstone Valley Advocacy Center, Day One, Central Falls Police, Cumberland Police, Lincoln Police and Pawtucket Police. It provides immediate crisis intervention services to victims of domestic violence and sexual assault. All the services provided under this program are free.

How can the LEA Program help me?

1. Explain your rights as a victim of a crime;
2. Provide you with assistance and support throughout the criminal proceedings;
3. Assist you in developing a safety plan and ensure you are given appropriate information and referrals;
4. Accompany you during police statements, to court or to the local hospital;
5. Supply you with an emergency cell phone if needed.

**Safe Families Collaboration Project:** The SFC Project is a partnership between the Youth and Families (DCYF), BVAC, RI Coalition Against Domestic Violence, and the Family Care Community Partnerships (FCCP). Together, they are working together to help families and children who have been touched by domestic violence. The purpose of the program is to keep all members of the family safe by providing crisis intervention, support and referrals to appropriate services.

## [Sojourner House \(SOJ\)](#)

**Hotline:** If you are being abused or think you might be in danger of being abused and would like to speak to someone who can help, call Sojourner House at 401-765-3232. Evening calls will be automatically transferred to the statewide helpline. All calls are confidential.

### **Shelter/Residential:**

- 1. Safe House:** Sojourner House's Safe House is in an undisclosed location and serves as immediate, safe, temporary housing for survivors and their children. Once there, advocates help residents work on their goals and provide emotional support for the duration of their stay, as well as follow-up care once they've moved to more permanent, safe housing. Sojourner House's Safe Home is fully handicap accessible. Survivors and their children are provided with 24-hour locked and secure shelter and comprehensive services through Sojourner House's network of local resources and service providers.
- 2. Transitional Housing:** Sojourner House also offers a transitional housing program for victims of domestic violence and their children. Transitional housing may only be provided to victims exiting the Safe House, those who are homeless or in need of transitional housing as a result of fleeing a situation of domestic violence/dating violence, or those for whom emergency shelter services or other crisis intervention services are unavailable or insufficient.
- 3. Permanent Supportive Housing:** In collaboration with Smith Hill Community Development Corporation (CDC), RI Housing, and other community partners, Sojourner House offers permanent supportive housing to victims and their children. Permanent Supportive Housing provides victims with an apartment for as long as they need, and the rent is subsidized based on the client's income. Survivors are encouraged to attend Sojourner House's housing clinic series and various support groups. Additionally, clients have access to The Sojourner House continuum of programs and services. To access permanent supportive housing, you must register at [www.waitlistcentralri.com](http://www.waitlistcentralri.com) and apply to "Sojourner House."
- 4. Rapid Re-Housing:** With funding from The U.S. Department of Housing and Urban Development (HUD), Sojourner House is able to provide a Rapid Re-housing Program which allows homeless and fleeing victims to quickly obtain permanent housing by providing financial assistance with rent and utilities for up to twenty-four (24) months.

Advocates work with victims to secure benefits and increase their income, that they may successfully maintain housing.

**Drop in Center:** Sojourner House offers domestic and sexual violence and human trafficking support services in English and Spanish at their Drop-In Advocacy and Resource Center located at **386 Smith Street in Providence.**

Services that are provided through the Drop-In Center include:

1. Meet with an advocate
2. Join a support group
3. Schedule a training or workshop at your organization
4. Meet with our Volunteer Coordinator
5. Get a free HIV test by oral swab
6. Deliver donations
7. Get information on how to help someone you think may be experiencing abuse
8. **HOURS: Monday-Friday 9:00 a.m. - 5:00 p.m.** Se habla Español. For further information, call 401-861-6191.

### **Support Groups:**

Sampling of Support Groups Offered:

- Latina Support Group (Northern RI)
- Women's English-Speaking Support Group (Northern RI)
- Latina Support Group (Providence)
- Women's English-Speaking Support Group (Providence)
- Sexual Assault Survivor Support Group (Providence)
- LBT Support Group (Providence)
- Spanish-Speaking Parenting Support Group (Providence)

If you are interested in joining a support group, call Sojourner House at 401-861-6191 or email [info@sojournerri.org](mailto:info@sojournerri.org)

**Rapid HIV Testing:** Sojourner House works with community partners such as RI DOH, AIDS Project RI and AIDS Care Ocean State around HIV/AIDS issues and now is able to offer rapid HIV testing services from their Drop-In Center, Residential Program, and other spots in the community as needed and requested.

For more information on making an appointment or bringing Sojourner House to come test at your organization, please call 401.861.6191 and ask to speak with someone that is certified to conduct an HIV test.

## Youth Advocacy:

1. **Camp Eureka** is a free summer camp for children who have witnessed domestic violence. Each August, Sojourner House welcomes approximately 40 children to Camp Eureka for a week of outdoor adventures, cooperative games, arts and crafts, team building activities, and new friendships. For an application, please visit the Sojourner House Drop-In Center.
2. **Expressive Arts:** Sojourner House's Youth Advocate offers weekly expressive arts workshops for youth residing in the Safe House and Transitional Housing apartments. For more information on Expressive Arts, please contact [hmcdonald@sojournerRI.org](mailto:hmcdonald@sojournerRI.org).

**Teen Dating Violence:** Sojourner House is excited to start using **Safe Dates**, a four, six, or nine-session dating abuse prevention curriculum presented to middle-school and high-school students. This program deals with the attitudes and behaviors associated with dating abuse and violence and strives to better equip students with the skills and resources to help themselves or friends in abusive dating relationships.

For more information about educational programs, contact: Alexandra Castillo, Education & Sexual Health Coordinator, [acastillo@sojournerri.org](mailto:acastillo@sojournerri.org)

**Men's Services:** In addition to the Safe House, Sojourner House also offers male-identifying victims of domestic and sexual violence individual advocacy, education, HIV testing, and a weekly support group in Providence.

For more information, please contact Men's Services Coordinator Kassie Hawkins at 401-861-6191 or at [khawkins@sojournerri.org](mailto:khawkins@sojournerri.org).

**LGBTQ+:** Sojourner House's LGBTQ Advocacy program is designed specifically to address the needs of LGBTQ/queer survivors and to provide trauma-informed, LGBTQ-specific counseling. Services include, but are not limited to:

- Housing assistance
- Individual counseling
- Support groups
- Prevention education
- Youth services
- Free HIV testing and sexual health advocacy

# Early Intervention Services

Early Intervention (EI) is a program designed to help families support the growth and development of their infants and toddlers, birth through 3, who are delayed in their development or have a diagnosed condition known to cause developmental delay.

Early Intervention services are paid for through commercial insurance, Medicaid, and/or state and federal funds.

When you contact an Early Intervention provider, they will:

1. Listen to your concerns and answer your questions;
2. Schedule a visit with the family and make a plan to evaluate the child at no cost;
3. Provide the family with information about the child's development and make a plan for next steps.

**How does Early Intervention work?** Early Intervention professionals help families support their child's development in ways that make a meaningful difference. We work in partnership with families to develop goals for their child and themselves and build on the things families do every day that support their child's learning and development.

Research shows that children learn best in the places, and from the people that are most familiar to them. This is why EI providers visit the child and his/her caregivers where they spend most of their day. Research also shows that when we act early, children are more successful in school and adulthood.

**The real intervention happens between visits:** Children in EI increase their skills and abilities to engage with others and develop ways to be more independent in their daily lives. One reason for this is that Early Intervention providers coach families so they feel confident in carrying out strategies in between visits from their EI professional.

**Who can refer a child to Early Intervention?** Parents, pediatricians, birthing hospitals...anyone can refer a child to Early Intervention. Referrals should be made with a parent's knowledge and permission.

## **Information Regarding Rhode Island's Early Intervention Program**

To make a referral or learn more, contact any one of the nine Early Intervention Programs.

For more information or assistance in choosing a provider, contact RI Parent Information Network at 401-270-0101.

**The nine providers of Early Intervention services in Rhode Island are:**

Children's Friend and Service	621 Dexter Street Central Falls, 02863	Phone: 401-721-9200
Community Care Alliance	245 Main Street Woonsocket, 02895	Referral Line: 401-235-6029 Phone: 401-235-7000
Easter Seals	213 Robinson Street Wakefield, 02879	401-284-1000
Family Service of RI	134 Thurbers Avenue Providence, 02905	Referral line: 401-519-2307 Referral line for Spanish speaking families: 401-519-2308
The Groden Center	30 Livingston Street Providence, 02904	Phone: 401-525-2380
Looking Upwards, Inc.	2974 East Main Road Portsmouth, 02871	Phone: 401-293-5790
Meeting Street	1000 Eddy Street Providence, 02905	Phone: 401-533-9100 Referral line: 401-533-9104
Seven Hills Rhode Island	178 Norwood Ave. Cranston, 02905	Phone : 401-921-1470
J. Arthur Trudeau Memorial Center	3445 Post Road Warwick, 02886	Phone: 401-823-1731

# Education and Job Training

There are several education and job training opportunities provided by Blackstone Valley Community Action Program (BVCAP) that are available to Cumberland residents.

## **BVCAP Contact Information:**

Administrative and Program Office

32 Goff Avenue

Pawtucket, RI 02860

Hours: Monday – Friday 8:30AM – 4PM

Main Office: 401-723-4520

Heating Assistance: 401-723-0227

BVCAP Community Center

210 West Avenue

Pawtucket, RI 02860

Hours: Monday – Friday 8:30AM – 4PM

Phone: 401-475-5071

Woonsocket Office

Woonsocket Senior Center

84 Social Street

Woonsocket, RI 02895

Hours: Monday – Friday 8:30AM – 4PM

Phone: 401-766-3734

## **Some of the educational and job training programs offered to Cumberland residents include:**

**Academic Skills Development:** Classes are offered to assist students with academic skills development, and GED preparation. Areas of study include English Language Arts, Mathematics, Science, and Social Studies. There are three classes offered at BVCAP's main location – 32 Goff Avenue, Pawtucket, RI.

Class time and schedule is determined by the instructors after potential students take an assessment (pretest) in Reading and Mathematics.

- Class 1: Meets Monday – Thursday 9:00 am – 1:00 pm
- Class 2: Meets Monday – Thursday from 11:30 pm – 1:30 pm

All academic classes include the following:

1. Work Readiness Skills
2. College Readiness Skills

3. Financial Literacy
4. Basic Computer Skills
5. Touch Typing Skills
6. Accuplacer Preparation
7. NorthStar Digital Literacy
8. Food Safety (for students of BVCAP)
9. Internship / Job Shadowing Opportunities

Tutoring is also offered to students of BVCAP by appointment.

**Educational Workshops:** Fast Math consists of math workshops that will help to boost students' math skills, reinforce math concepts, and provide study sessions for the math portion of the GED exam.

Writers' Workshop is a series of writing workshops dedicated to the essential topics in writing. These workshops help boost students' skills in the areas of grammar, sentence structure, paragraph development, and essay writing.

BVCAP instructors also provide assistance with obtaining and completing fee waiver forms for the Official GED® exams, registering for the GED Ready® assessment, and scheduling official GED exams.

For more information call: 401-723-4520 ext. 252.

To register for an assessment call: 401-723-4520 ext. 227.

**English as a Second Language (ESL):** The ESL class is designed for learners who are literate in their native language and already have basic literacy skills in English. BVCAP's ESL program helps students learn English for life, work, and community. This class also provides learners with financial literacy skills and basic computer skills.

- The Beginner ESL class meets Monday – Thursday from 9:15 am – 11:15 am.
- The Intermediate ESL class meets Monday – Thursday from 9:00 am – 1:00 pm.

**Citizenship Class:** BVCAP proudly offers a Citizenship preparation class. This course is to prepare students to take each section of the test with a focus on the US Government, Civics, History, Geography, Reading, and Writing. The Citizenship class meets Thursdays from 9:00 am – 1:00 pm.

For information about BVCAP's ESL Class or the Citizenship Class call: 401-475-5496.

All of BVCAP's instructors are certified educators with knowledge and expertise to help learners of varying levels and abilities.

**Summer Youth Employment Program:** BVCAP directs a six to eight week program operated between June and August for youth ages fourteen and twenty-four. The program provides youth with work experience opportunities in local businesses, public facilities, and non-profit agencies. These experiences provide youth with hands on opportunities to develop skills they will need upon entering the work force. Youth receive wages and are required to participate in a youth readiness workshop that educates them on basic job skills such as resume writing, interviews, and personal career tests.

Call 401-723-4520 to apply.

**Career Center:** Many people need assistance identifying their interests, career goals, and academic potential. BVCAP hopes to turn fears of the future into feelings of confidence with its new career center. BVCAP's Career Counseling Center can help provide some guidance by:

1. Administering and interpreting interests to guide clients toward career pathways.
2. Providing extensive knowledge of current and future growth trends in occupations.
3. Informing clients about government, private, and college financial resources for education programs.

The center also has an extensive resource center with two computer work-stations, books and media materials for clients to use to explore careers.

Call 401-723-4520 ext 251 to schedule an appointment with a career counselor.

# Emergency Services

There are several emergency services provided by Blackstone Valley Community Action Program (BVCAP) that are available to Cumberland residents. These services include:

**Food Pantry:** BVCAP has a food pantry available to low-income families on weekdays. Clients are scheduled to come in on weekdays between 9 a.m. and 3 p.m. The food pantry is closed every Thursday.

- You can receive free food once a month by appointment only.
- To schedule an appointment call: (401) 723-4520
- Please bring your own bags!
- To pick up your food visit the BVCAP Woodlawn Community Center located at 210 West Ave in Pawtucket RI.

**SNAP Application (Food Stamps):** Through URI Outreach, clients who visit the food pantry are able to apply for the supplemental nutrition assistance program (SNAP) once a week between the hours of 9 a.m. and 12 p.m. every Monday at the Woodlawn Community Center.

**Tax Assistance:** Blackstone Valley Community Action Program provides free tax assistance to those with an annual income less than \$54,000. The Volunteer Income Tax Assistance (VITA) site at BVCAP is open from January until April, with trained tax preparers.

Call the BVCAP Woodlawn Community Center at (401) 475-5071 to make an appointment or drop by anytime Tuesday – Thursday between 9am and 4pm.

**Project Undercover Diapers:** Project Undercover believes that every child has the right to be clean and dry. That’s why they provide free diapers, socks, underwear and baby wipes to help the approximately 45,000 children throughout Rhode Island living in poverty. Clients are able to receive one package of diapers every 30 days for each child under the age of 3. Diapers are available for pickup on weekdays between 9am and 3pm. New clients need proof of identification such as a social security card, birth certificate, or medical card for both the parent and baby.

For more information or to donate diapers, please visit: [www.projectundercover.org/](http://www.projectundercover.org/)

# Family Resources

There are several family resources provided by Blackstone Valley Community Action Program (BVCAP) that are available to Cumberland residents. These resources include:

**Parents as Teachers Home Visiting Program (PAT):** Parents as Teachers is a free, voluntary, confidential service to expectant mothers and families with young children under the age of four. The program is a long term, evidence-based, family visiting program, made to increase parent knowledge of early childhood development and improve parenting practices. Parents as Teachers also provides early detection of developmental delays and health issues and increase school readiness and success.

**Rhode Island Works Program:** The RIW Program is to encourage families to work and become self-sufficient. Parents who work may still qualify for cash assistance and other help, including health care coverage, child care subsidies, and SNAP benefits (formerly called food stamps). DHS Social Caseworkers work with parents to develop an employment plan that outlines activities they must do to improve their success in the job market. Most parents will first be required to search for employment. Single parents must work or prepared for work an average of 20 or 30 hours per week depending on the age of the youngest child. Job training and education may be recommended.

**Healthy Families America (HFA):** BVCAP's Healthy Families America is a long term family visiting program for expectant mothers or families with children under three months of age. It is meant to promote positive growth and development in children while building the strengths of their families and protective factors.

HFA aims to:

- Reduce child maltreatment;
- Improve parent-child interactions and children's social-emotional well-being;
- Increase school readiness;
- Promote child physical health and development;
- Promote positive parenting;
- Promote family self-sufficiency;
- Increase access to primary care medical services and community services; and decrease child injuries and emergency department use.

# Food Resources

The Rhode Island Community Food Bank manages a member agency “Food Assistance Providers” list. Which allows individuals to find organizations by community served. It is recommended that you contact the agency before you visit to confirm hours of operation and find out what information you need to bring with you. For the most up-to-date list, visit: [rifoodbank.org/find-food](http://rifoodbank.org/find-food).

## Member Agencies that serve Cumberland, Rhode Island:

<p>Northern Rhode Island Food Pantry</p> <p>1 Angell Road, Cumberland</p>	<p>(401)347-5714</p> <p>Kim Hawthorne</p>	<p>3rd Saturday of the month 9:00-11:30 am.</p> <p>Serves all locations in Northern RI.</p>
<p>Lighthouse Community Outreach</p> <p>30 Meeting Street, Cumberland</p>	<p>(401)725-0335</p> <p>Pastor John Feragne</p>	<p>Mon. 5:00-7:00 pm; if a holiday, open on Tues. instead; Serving Cumberland, Lincoln, North Smithfield; Guests can visit twice a month; Handicapped Accessible.</p>
<p>Salvation Army Pawtucket Corps' Food Pantry</p> <p>102 High Street, Pawtucket, 02860</p>	<p>(401)723-9533</p> <p>Captains Edilberto &amp; Giomar Lozano</p>	<p>Serves Pawt., Central Falls, Cumberland, Lincoln, Rumford</p> <p>Tues &amp; Thurs 10 AM-12 PM; guests can come 1x/mo.;</p> <p>Handicapped Accessible.</p>
<p>Blackstone Valley Emergency Food Center</p> <p>75 Benefit Street, Pawtucket, 02861</p>	<p>(401)724-7170</p> <p>Dot Lubera</p>	<p>M W &amp; F 9-11:30 am, closed 1st week of each month.</p> <p>Pawtucket, Central Falls, Lincoln, Cumberland; serves guests 1X monthly.</p> <p>Handicapped Accessible.</p>

## Other Food Resources

**2-1-1 Hotline:** The United Way Rhode Island 2-1-1 hotline is open 24 hours a day, 7 days a week. They have information for thousands of programs, including a statewide listing of food assistance programs – even beyond the Food Bank’s Food Assistance List. You may reach them free, by dialing 211 on any phone or you may visit them online at [www.211ri.org](http://www.211ri.org).

Please be sure to ask the 2-1-1 representative for referrals for any other support services you may need. They provide information about programs like housing assistance, utility assistance, public transportation, health care, child care, SNAP and more.

**The Supplemental Nutrition Assistance Program (SNAP):** SNAP helps individuals and families buy food. If you are working but are struggling to buy food and provide nutritious meals, SNAP may be able to help. You do not need to be participating in other Rhode Island Department of Human Services programs to receive SNAP benefits. You can be unemployed or working, preparing for work, receiving a pension or homeless.

Eligible individuals enrolled in SNAP receive benefits via a special debit card issued through the Electronic Benefit Transfer (EBT) program. The EBT card can be used to pay for food at supermarkets and convenience stores, as well as some farmer’s markets and food co-ops.

For eligibility requirements and an online application, contact [The Rhode Island Department of Human Services’ Food Assistance Supplemental Nutrition Assistance Program](#). 1-855-MYRIDHS (1-855-697-4347).

**Special Supplemental Nutrition Program for Women, Infants, and Children (WIC):** WIC provides food staples like milk, cheese, eggs, juice, cereal and peanut butter to pregnant, postpartum and breastfeeding women, infants and children up to the age of 5. WIC also provides tuna fish and carrots to breastfeeding women.

Visit the [Rhode Island Department of Health’s Women, Infants and Children \(WIC\) program](#) or call the HEALTH Information Line at 1-800-942-7434 for more information.

# Furniture

## The RI Donation Exchange Program (RIDEP)

Founded in 1992, the mission of The RI Donation Exchange Program (RIDEP) is to improve the quality of life for those individuals and families least able to meet their basic needs.

The RI Donation Exchange Program operates a Donation Center/Furniture Warehouse by soliciting donations of good quality furniture from community business partners and individuals statewide. These items are passed on to qualified individuals and families who have been referred to our program by our member agencies, which include homeless and domestic violence centers, CAP agencies, drug/alcohol rehab programs and community centers.

In January of 2017, Comprehensive Community Action Program (CCAP) and the RI Donation Exchange Program entered into an agreement in which CCAP would manage, stabilize and improve RIDEP's operations. In addition, CCAP has established the RI Donation Exchange Program as a job training site for youth in customer service, retail sales and furniture refurbishing.

### **Contact Information:**

- 401-831-5511
- [info@donationexchange.org](mailto:info@donationexchange.org)
- 100 Dupont Drive, Suite 5, Providence, RI 02907

### **Hours of Operations:**

Monday - Closed

Tuesday - 8am-3pm

Wednesday - 8am-3pm

Thursday - 8am-3pm

Friday - 8am-3pm

Saturday - 9am - 1pm

Sunday – Closed

# Income Assistance

Blackstone Valley Community Action Project has provided a list of income assistance programs that are available through the state. Contact BVCAP (401-723-4520) for more information about any of these programs.

**Child Care Tax Credit (CCTC):** The child care tax credit is a federal tax credit that allows working parents to deduct a percentage of their child care costs from the amount of federal taxes owed. The CCTC is not refundable and cannot be received in the monthly paycheck. The child care tax credit is based on the parent's out of pocket expense, whether or not the family receives child care assistance.

**Earned Income Tax Credit (EITC):** The Earned Income Tax Credit provides a tax credit and/or refund to people who earn low to moderate wages. The payment can be received as part of the end-of-year tax filing and a portion can be received in the worker's weekly paycheck. The amount of EITC received in the paycheck will not affect eligibility for Rite Care or the amount of SNAP or RI Works cash assistance.

**General Public Assistance (GPA):** The GPA program provides time-limited cash assistance to individuals who are disabled. To be eligible for cash assistance, an individual must first be found eligible for GPA-Medical.

**Rhode Island Works Program:** The RI Works Program provides cash assistance to families with children up to age 18 and work readiness services for enrolled parents. Parents are required to enter into an employment plan or a rehabilitation plan (for parents with disabilities) as a condition for RI Works cash benefits. Time limits are applied to the receipt of RI Works cash benefits. Families are recertified for RI Works every 6 months.

**Supplemental Security Income (SSI):** Provides cash assistance to persons age 65 and older and adults and children with serious physical or mental impairment(s). SSI benefits are for individuals who have not worked and paid into the Social Security System or as a supplement to Social Security Disability or Retirement Benefits for workers who have limited benefits. Individuals receiving SSI also receive Medical Assistance and are eligible for SNAP benefits.

**Unemployment Insurance Program:** The unemployment insurance program provides eligible individuals with up to 60% of his or her weekly wage for a specified period of time.

**Child Support:** The Office of Child Support Services will help a custodial parent pursue a legal action to establish paternity, obtain orders of child support and medical support, or enforce existing child support orders for a fee of \$20.

# LGBTQ Youth

[Youth Pride](#) is dedicated to meeting the unique needs of youth and young adults impacted by sexual orientation and gender identity/expression while working to end the homophobic and transphobic environments in which they live, work and play.

General Contact:

Youth Pride, Inc.  
743 Westminster St.  
Providence, RI 02903

(401)421-5626  
[Info@youthprideri.org](mailto:Info@youthprideri.org)

## **Services Provided by Youth Pride include:**

**Drop-In Hours:** Youth Pride primarily serves as a drop in space, this means youth are encouraged to utilize the space in whatever comfortable and respectful way they see fit; they have video game consoles, laptops, Netflix, Hulu, Spotify, a wide variety of board games donated by Hasbro, a full library of LGBTQ literature, and a kitchen.

Youth Pride hosts drop-in hours on Tuesday and Wednesday 3-8pm and Thursday 3-5pm

**13 and Under Drop-in:** Every Thursday at 5pm Youth Pride opens the drop-in center exclusively for youth 9-13 so they can have a safe space to hang out and connect with other youth their age. They have icebreakers, board games, arts & crafts, video games, activities, and snacks. From 6-7pm, they run a discussion group facilitated by a clinician—they can share experiences, support one another and ask questions.

**Basic Needs Pantry:** Youth Pride hosts a small community pantry that serves over 700 youth each year. The pantry is open during the week for youth in need of food, clothes, toiletries, and/or school supplies. Youth can take these items for free on a weekly basis. To utilize the pantry, ask one of the staff members for assistance.

**HIV Testing:** AIDS Project Rhode Island performs free and confidential HIV testing on a monthly basis at Youth Pride. Check their calendar for dates and times.

**Housing Help:** Tuesdays from 3-6pm a representative from the Home to Hope Program, run through the Rhode Island Coalition For the Homeless, is at the Youth Pride space to assist youth with various needs including, but not limited to, applying to subsidized housing, assisting with transportation to appointments, understanding government benefits like SNAP, educating on

how to get a GED, connecting people to mental health resources, providing information on food pantries and hot meal sites, and discussing immigration, substance abuse, domestic violence, veteran's services, & legal advice.

**Wednesday Night Dinner:** Youth Pride has two volunteer chefs come in each Wednesday to cook a hot family style meal for everyone to eat together. This tradition is longstanding and one of the most popular programs Youth Pride offers. Dinner is served for 5pm, and vegetarian options are available.

**One on One Counseling:** Youth Pride has two counselors who are available for one-on-one counseling sessions on Tuesdays from 4-8pm, Wednesdays from 5-8pm, and Thursdays from 3-8pm. All information in these counseling sessions are confidential unless a youth discloses intent to harm themselves or someone else, or they disclose they are being harmed or abused. One-on-one counseling is free of charge to youth.

To make an appointment, email [Info@youthprideri.org](mailto:Info@youthprideri.org).

**Lending Library:** Youth Pride is home to over 1,000 books that make up their library. Youth are welcome to browse or borrow from the collection.

If you have books you would like to donate, please email [Library@youthprideri.org](mailto:Library@youthprideri.org)

**GSA Coalition:** Youth Pride is dedicated to helping local schools build, strengthen, and sustain their Gender-Sexuality Alliances (GSAs). They offer assistance and support in a variety of ways, from coming into schools and meeting with GSAs, to connecting GSAs to local community resources. They also invite GSAs from around the state to their free Annual GSA Conference held every spring. The conference provides the opportunity for GSAs to network with each other while learning from Youth Pride and their community partners through workshops, speakers, and activities. For more information on our GSA Coalition, email [info@youthprideri.org](mailto:info@youthprideri.org)

### **Support Groups:**

Gender Spectrum: Gender Spectrum is a peer-led, peer-focused support group for trans, questioning, and gender-non-conforming youth in the form of a casual social hour. Topics range from the serious to the silly, and always with an emphasis on creating a safe space for youth to be themselves and discuss what's happening in their lives. Gender Spectrum meets weekly and snacks are provided. Tuesdays 4-5 p.

The Way Out: The Way Out is a general open group with shifting and evolving topic material, commonly central to relationships (family, friends, and romantic), school/work, sexuality and gender, fighting discrimination, mental health, and current events. This weekly group is open to youth ages 13 to 23 and snacks are provided. Wednesdays 4-5pm.

What's Next?: Youth Pride serves youth up to the age of 23. Each year we see many of the youth approach age 24 without the skills needed to confidently enter adulthood and the workforce. Youth ages 18-24 are invited to join their clinician, Molly LICSW, from 1-2pm in their space to begin developing skills in the areas of job readiness, maintaining healthy relationships, financial responsibility, and more. Healthy snacks and RIPTIX will be provided. Thursdays 1-2pm.

13 and Under Group: During the 13 and under drop-in, Youth Pride facilitates a discussion group exclusively for youth 13 and younger. The topics are selected each week by the attendants, but typically revolve around school, family, friends, and coming out. Snacks are provided! Thursdays 6-7pm.

OUTSpoken: 5-6 weeks in the summer and fall. Reach out to [Jesus@youthprideri.org](mailto:Jesus@youthprideri.org) for details. OUTspoken is Youth Pride's Leadership Program designed to give youth the opportunity to develop fundamental leadership skills by learning about their different identities and how that knowledge can impact their community. OUTspoken typically runs twice a year; once in the summer and once in the fall. The program is free for youth ages 13 – 23, and it includes snacks, lunches, and transportation Riptiks to get there and home.

# Affordable Housing

**RI Centralized Waitlist:** The Cumberland Housing Authority has joined the RI Centralized Wait List. If you were active on their section 8/HCV waitlist, please go to [www.waitlistcentralri.com](http://www.waitlistcentralri.com) and create an account. If you need an access code or assistance call RIH at 1-844-459-3600

Please visit the applicant portal at [www.waitlistcentralri.com](http://www.waitlistcentralri.com) for more information on how to apply.

**Housing Choice Voucher Program:** The Section 8/Housing Choice Voucher Program is a federal program, which assists very low-income families, the elderly, and the disabled in affording quality housing in the private rental market. Housing assistance payments are provided on behalf of the family or individual, subsidizing the cost so participants can find affordable rental housing. Cumberland Housing Authority administers 384 Housing Choice Vouchers.

Voucher Program participants are free to select any housing that meets the program requirements, and they are not limited to units located in subsidized housing projects. Rental units are required to meet minimum standards of health and safety. Housing Choice Vouchers are portable, which means participating families may move anywhere within the United States or its territories and still receive assistance, provided that the local housing authority is accepting vouchers.

**Other Affordable Housing Options:** Valley Affordable Housing (VAH) located in Cumberland offers several options for affordable housing. VAH can be found at 1029 Mendon Road, Cumberland, RI and contacted at 401-334-2802.

Family Housing run through VAH and in Cumberland includes:

1. [Ashton Village Apartments](#): Cumberland, RI. A Tax Credit Family Development.

Ashton Village located in Cumberland Rhode Island is a LIHTC development offering one, two, three, and four bedroom apartments. Designed for singles and families, income guidelines are established through the Tax Credit program.

Eligibility is based on family size and includes all sources of income within the family. Applicants may be declined due to negative credit history, criminal history, or a negative landlord reference. Applicants must also provide at least five years of landlord history. The Resident Selection policy is available at our office located at 1029 Mendon Road, Cumberland. You may also request a copy by phone by calling (401) 334-2802.

If you would like to apply to live at Ashton Village you may contact the number above or by downloading and completing the Pre-rental application (see below for link) . Following a

preliminary determination regarding your eligibility you will be placed on the appropriate waitlist and notified when they anticipate having an apartment for you. If you have any questions or request assistance applying for an apartment, please contact the number listed above.

For a pre rental application for Ashton Village please [Click Here](#).

2. [Berkley Village](#): Cumberland, RI. A Tax Credit Family Development.

Berkley Village, Cumberland Rhode Island is a quaint renovated Mill Village offering large one, three, and four bedroom apartments. Designed for families and singles, income guidelines are established through the Tax Credit program with subsidies offered through the Town of Cumberland Housing Authority. Utilities are furnished by the residents with allowances provided to assist in defraying these expenses.

Eligibility is based on family size and includes all sources of income within the family. Applicants may be declined due to negative credit history, criminal history, or a negative landlord reference. Applicants must also provide at least five years of landlord history. The Resident Selection policy is available at their office located at 1029 Mendon Road, Cumberland. You may also request a copy by phone by calling (401) 334-2802.

If you would like to apply to live at Berkley Village you may contact the Town of Cumberland Housing Authority at 401-334-2678 for an application. Following a preliminary determination regarding your eligibility you will be placed on the appropriate waitlist and notified when they anticipate having an apartment for you.

To apply for Berkley Village please call the Town of Cumberland Housing Authority at 401-334-2678.

3. [Factory Street](#): Cumberland, RI. A Tax Credit Family Development.

Factory Street located in Cumberland Rhode Island is a LIHTC development offering one, two, and three bedroom apartments. Designed for families and singles, income guidelines are established through the Tax Credit program.

Eligibility is based on family size and includes all sources of income within the family. Applicants may be declined due to negative credit history, criminal history, or a negative landlord reference. Applicants must also provide at least five years of landlord history. The Resident Selection policy is available at our office located at 1029 Mendon Road, Cumberland. You may also request a copy by phone by calling (401) 334-2802.

If you would like to apply to live at Factory Street Apartments you may contact the number above or by downloading and completing the Pre-rental application (see below for link). Following a preliminary determination regarding your eligibility you will be placed on the

appropriate waitlist and notified when they anticipate having an apartment for you. If you have any questions or request assistance applying for an apartment, please contact us at the number listed above.

For a pre rental application for Factory Street please [Click Here](#).

4. [Main Street Phase III](#): Cumberland, RI. A Tax Credit Family Development.

Main Street Apartments located in Cumberland Rhode Island is a LIHTC development offering one, two, three, and four bedroom apartments. Designed for families, income guidelines are established through the Tax Credit program.

Eligibility is based on family size and includes all sources of income within the family. Applicants may be declined due to negative credit history, criminal history, or a negative landlord reference. Applicants must also provide at least five years of landlord history. The Resident Selection policy is available at our office located at 1029 Mendon Road, Cumberland. You may also request a copy by phone by calling (401) 334-2802.

If you would like to apply to live at Main Street Apartments you may contact the number above or by downloading and completing the Pre-rental application (see below for link) . Following a preliminary determination regarding your eligibility you will be placed on the appropriate waitlist and notified when they anticipate having an apartment for you.

For a pre rental application for Main Street please [Click Here](#).

# Medical Care

[Rhode Island Free Clinic](#) located at 655 Broad St, Providence is a nationally-recognized, award-winning free clinic that provides a medical home for uninsured adults, ages 18-65, who earn less than 200% of the Federal Poverty Level. Patients receive free comprehensive health care through a dynamic statewide network of volunteer medical professionals working with academic, medical, and community partners, leveraging robust health care resources with a vitality that is unmatched in Rhode Island, and remarkable in the nation.

**How to become a patient:** To qualify to become a patient you must:

1. Have no insurance.
2. Be an adult resident of Rhode Island, age 18 or older, and show one of the following:
  - Utility bill with your name on it or other acceptable document/piece of mail with your current Rhode Island address.
3. Meet low-income guidelines, by showing one of the following:
  - If employed: Your most recent tax return, last 2 pay stubs or a notarized statement of income.
  - If unemployed: TDI or SNAP authorization letter, or a notarized letter of support.
4. Show current picture ID.
5. To schedule an appointment to see if you qualify please call: 401-274-6347 ext.314.

## **Services Provided By Rhode Island Free Clinic:**

**Primary Care:** Primary health care results in better health outcomes, reduced health disparities and lower spending, including on avoidable emergency room visits and hospital care. Patients receive primary care and have a medical home that includes coordinated services and prevention education, so they can be on the road to a healthy and productive future.

**Specialties:** Rhode Island Free Clinic treats acute and chronic medical conditions through a range of specialty services supported by referrals to our medical professional-based volunteer network, including:

- Cardiology
- Chiropractic Care
- Dermatology
- Dental Care
- Endocrinology
- Gastroenterology
- Men's Health
- Neurology
- Neurosurgery

- Ophthalmology & Optometry
- Orthopedics
- Psychiatry
- Pulmonology
- Podiatry
- Rheumatology
- Women's Health

**Clinical Testing:** Clinical testing – laboratory tests, X-Rays and diagnostic services – are provided by Lifespan, Care New England, and other community partners.

**Pharmacy:** Pharmaceutical needs and patient education, including generic prescription medicine, are provided by the clinic's nationally-innovative partnership with CVS Health at designated CVS pharmacies. Brand name medications are coordinated through the Clinic's Prescription Assistance Program, to ensure that patients whose condition would otherwise remain untreated have access to the medicine they need.

**Wellness and Education:** Patients can participate in a wide range of behavioral health and wellness services:

- Mental Health Counseling
- Social Work
- Cooking Classes
- Diabetes Management
- Low-impact Fitness
- Nutrition Counseling
- Physical Therapy
- Yoga

# Senior Housing

## **Public Housing Options:**

Cumberland’s only Public Housing option for seniors is through Cumberland Manor, often referred to in conversation as “One Mendon.” Cumberland Manor is located at One Mendon Road, Cumberland, RI 02864. They can be reached by phone at 401-724-8590.

## **Income Requirements for Cumberland Manor:**

There are income requirements/limits for those applying to Cumberland Manor. These are based on the number of persons within the household. Income limits can be found below:

Persons in Household	Income Limits
1	\$45,850
2	\$52,400
3	\$58,950
4	\$65,500

There is a waiting list for Cumberland Manor, but applicants are encouraged to submit a complete application to the Housing Authority so that they can be placed onto the waiting list.

**How Application Process Works:** Cumberland Housing Authority (CHA) uses a two-step application process. Applicants must first complete this pre-application to determine a person’s preliminary eligibility.

Once the eligibility determination is made, CHA places the person’s name on a waitlist by the date and time the pre-application was received. CHA has a residency preference. If you live in Cumberland, and meet the local preference requirements, your name is placed as a preference on the waitlist.

The CHA processes its list according to unit size and local preference. The CHA units may be located on different floor levels and are accessible by elevators and stairs.

To be eligible for admission to public housing, an applicant must:

1. Be a family member as defined in CHA’s Admissions and Continued Occupancy Policy;
2. Meet the HUD citizenship or immigration status requirements;
3. Have an annual income at the time of admission that does not exceed the income limits established by HUD;
4. Provide documentation of Social Security numbers for all family members;
5. Meet or exceed the Applicant Selection Criteria

6. Not have had a lease terminated by a PHA or other federally assisted program;
7. Not have any family members engaged in any criminal activity that threatens the life, health, safety, or right to peaceful enjoyment of the premises by other residents, and not have any family member engaged in any drug-related criminal activity.

Each year the CHA updates its Public Housing waitlist. An Annual Update will be sent out each year on January 15. You will have 15 business days to return your update form or your name will be removed from the waitlist.

Applicants with disabilities may seek assistance with the completion of the application at CHA's office at the above address.

CHA will conduct credit checks and criminal record checks on all applicants.

[The online application form can be found here.](#)

### **Private Housing Options:**

Those looking for additional housing opportunities can seek private housing options. Many of these options are managed through Valley Affordable Housing.

[JenksWoods Apartments](#) - Cumberland, RI.

- A section 202 development must be 62 years of age or older.
- (401)-658-2337

[Riverside Village Apartments](#) - Cumberland, RI.

- A section 8 development must be 62 years of age or disabled.
- (401)-658-2030.

[Waterfall Estates](#) - Cumberland, RI.

- A section 202 development must be 62 years of age or older.
- (401)-658-0002.

# Sexual Assault

If you are in immediate danger, please call 911. If you need immediate medical attention, please go to your local hospital. If you are in crisis or would like to talk to someone right away, please call the Helpline at 1-800-494-8100.

Day One offices can be reached directly at 401-421-4100 Monday through Friday 8am-5pm. Day One is the only agency in Rhode Island that is specifically organized to deal with issues of sexual assault as a community concern. They provide treatment, intervention, education, advocacy, and prevention services to Rhode Islanders of all ages—from preschool children to elder adults.

Comprehensive services from Day One include:

- 24-hour Helpline and legal advocacy
- Law enforcement advocacy programs
- Individual and group counseling
- Professional training sessions
- Prevention education workshops

# Shelter

Families seeking emergency shelter should contact Rhode Island Coordinated Entry (RICE) at 401-277-4316 to speak with a Diversion and Assessment Specialist.

## **Crossroads Rhode Island**

Crossroads Rhode Island provides emergency shelter for families, individuals and couples experiencing homelessness. Their goal is to help people move out of emergency shelter and into permanent, stable housing as quickly as possible. They operate multiple shelters in order to best serve the specific needs of diverse situations.

If you are new to homelessness and not sure where to go for services, Crossroads has emergency services available 24-hours-a-day, 7-days-a-week. Their main building is located at 160 Broad Street, Providence, RI. Their main phone number is (401) 521-2255.

### **Who to contact for assistance:**

Are you an individual or couple without children?

- Call the front desk at (401) 521-2255.

Are you a family?

- Call the family services department at (401) 277-4316.

### **Crossroad Emergency Shelters include:**

**Operation First Step:** Operation First Step assists individuals who are new to homelessness. Crossroads provides temporary shelter and support services to 10 men and 10 women while helping them find permanent housing as quickly as possible. Crossroads will provide these men and women with intensive case management and help them end their homelessness for good.

**Harrington Hall:** Harrington Hall is the largest shelter in Rhode Island, serving single men. Crossroads has been operating Harrington Hall since July 2016.

**Women's Shelter:** Opened in 2008, the Women's Shelter is designed for 41 women, featuring 10 shared bedrooms, one wheelchair-accessible single room, a common living room and an outdoor patio area. With increased need, it is not uncommon for the Women's Shelter to be full beyond capacity. Women staying in the shelter meet with case managers regularly and actively work toward securing a stable home as quickly as possible.

**Citizens Bank Family Center:** The Family Center at Crossroads Rhode Island manages several different programs for homeless families in Rhode Island. They include:

- Emergency shelter and support for up to 15 homeless families
- Transitional housing units for 17 homeless families located throughout Providence. Families are housed for up to two years while our programs and staff help them to move back into independence.
- 5 permanent supportive housing units for families who have moved out of shelter.

**Couples' Shelter:** Crossroads offers the only emergency shelter for couples without children. Couples receive intensive case management in scattered site apartments and are moved into permanent housing as quickly as possible.

**The Woonsocket Shelter:** Established in 1989, the Woonsocket Shelter provides emergency housing and case management support for single women and families with children who are homeless.

In addition to emergency housing, residents are connected to programs to help them address their specific needs so they can transition to safe, permanent housing including:

- Basic needs support
- Employment and training
- Housing search assistance
- GED support
- Financial literacy
- Mental health and substance use counseling
- Healthcare
- Early childhood services
- Programs for school-age children
- Life skills training

The shelter is open 24 hours/day, 7 days a week and serves nearly 35 persons per night in the two shelter buildings. For more information about the Woonsocket Shelter program, call 401-767-0866.

# Substance Use Disorder

Community Care Alliance provides a host of services to assist those struggling with substance use disorders. These programs include:

**Acute Stabilization Unit:** Provides short term, residential services for the person who is having a mental health and/or substance abuse emergency, but who does not need hospitalization. Referrals are made through the Emergency Services Team, hospitals and other sources.

The typical length of stay is 3 to 7 days, but can be longer if needed. They use rapid assessment and interventions aimed at helping the client develop new adaptive coping skills. Clients work with staff to enhance personal strengths, survival skills and resiliency.

Services provided through the unit include:

1. Hospital step-down
2. Emergency Room Diversion
3. Community Referrals
4. 24 hour crisis screening & assessment
5. Mild to moderate detox for those with psychiatric diagnosis
6. Medical detoxification
7. Methadone accepted for those already engaged with a RI clinic
8. Case management
9. Medical services, psychiatric assessment and services
10. Medication prescribing, monitoring and administration
11. Linkage to other residential or community-based housing treatment options
12. Therapeutic group treatment options (art, cooking, music, exercise, gardening, goal setting & positive thinking)
13. Linkage to follow-up services upon discharge
14. Facilitation of in-patient psychiatric or medical admission if needed
15. Peer support, education and recovery model
16. Integrated co-occurring treatment
17. Family meetings

Eligibility for the unit:

- 18 years of age or older
- Have the capacity to safely stay in an unlocked facility
- Voluntarily agree to be admitted to the program
- Voluntarily agree to take prescribed medications
- Be medically stable
- Receive medical clearance if coming from an emergency room or inpatient facility

## Insurances Accepted

1. Insurances Accepted
2. Neighborhood Health Plan
3. Blue Cross Blue Shield
4. United Healthcare
5. Harvard Pilgrim
6. Evercare
7. RI Medical Assistance
8. Combined medical assistance & Medicare
9. Self-Pay

**Intensive Outpatient Program:** The IOP offers comprehensive, flexible and individualized care for those suffering with Substance Use Disorders such as alcoholism or addiction to painkillers and Substance Use Disorders and other co-occurring mental health disorders, such as depression and anxiety.

Structured, evidence-based and holistic programming conducted in a small group setting and one on one, individualized counseling.

A team of licensed and Master's-level clinicians that provide:

- Group therapy
- Education about substance use and recovery
- Case management
- Access to community resources, such as AA and other 12 Step programs
- Access to recovery housing
- Links to other mental health and medical services, as required
- Referrals for follow-up care
- Access to 24-hour emergency services support

This program might be right for you if you've ever...

- Felt you should cut down your use of alcohol or other drugs?
- Been annoyed when people have commented on your use of alcohol or other drugs?
- Felt guilty or badly about your use of alcohol or other drugs?
- Used drugs or alcohol to ease withdrawal symptoms, or to avoid feeling low after using?
- Used drugs or alcohol to escape feelings of depression or anxiety?
- If you answered yes to any of these questions, call 401-844-702-7473.

## **Opioid Treatment Center of Excellence**

Call 401-235-7120 or Walk In: Monday - Friday 8:00AM - 2:00PM at 800 Clinton Street, Woonsocket, RI.

### What to Expect:

- Complete an Assessment
- Meet with a Peer Recovery Specialist who will:
  - Provide support and education
  - Guide you through next steps
  - Connect you with a Suboxone provider
  - Help you locate recovery supports and healthy social activities
  - Connect with Narcan

### Services Include:

- Psychiatry — Access to medication
- Counseling — Develop skills to build long-term abstinence
- Case Management — Help housing, employment, basic needs

### Who Qualifies?

- Adults (18 & Older)
- Those using opiates and want Suboxone as part of treatment.

**Outpatient Counseling Services:** Community Care Alliance helps individuals, children and families overcome barriers as they face a myriad of challenges with the following services:

- Individual Counseling
  - Clinical therapists work with individuals in our offices using best practice standards.
- Outpatient Psychiatry
  - When necessary, psychiatrists provide medication treatment for psychiatric and/or addiction symptoms that you might be experiencing.
- Addictions/Substance Use Treatment
  - Substance use is often a part of the problem many people face. Once recognized, therapeutic approaches and counseling techniques can be effective to support long-term recovery. We have licensed addictions professionals who are fully trained to treat people struggling with addictive behaviors.
- DUI Program
  - The DUI Program includes a treatment curriculum in a safe, non-judgmental, and supportive setting that meets state requirements for reinstatement.
- Problem Gambling Counseling
  - One of only a few in the state to provide counseling for gambling that has become detrimental to health, home and career.

- Group Counseling
  - Participating in groups is a way to gain from the expertise of others who have overcome similar experiences and can share their strengths. Proven therapies, such as Dialectic Behavior Therapy and Cognitive Behavior Therapy, as well as anger and relapse prevention tools are integrated into group discussions.
- Family, Marriage and Couples Counseling
  - Family issues may arise throughout people's lives. We provide counseling services and education to help people in these difficult times.

**Partial Hospitalization Program (PHP):** The Rise to Recovery Partial Hospitalization (PHP) Program is a trauma informed substance use prevention and recovery program that helps people recover from the negative consequences and life issues associated with substance use and addiction.

Individuals receive a minimum of 5 hours of structured group treatment daily, along with individual sessions with a Licensed Chemical Dependency Professional or Master's Level Clinician weekly.

Individuals also attend AA/NA meetings and are encouraged to use community recovery supports and services.

Community Care Alliance Provides:

- Individual evaluation & treatment planning
- Individual & family counseling
- Gender-specific group treatment
- Substance use education & group treatment
- Toxicology testing
- Trauma informed education & treatment
- Holistic health practices (art, music) & meditative exercise
- Transportation services
- Discharge & follow-up planning

Individuals must have a DSM-5 Substance Use Disorder Diagnoses, and may be admitted as a step-down from hospitals and detoxification facilities. Contact 1-844-702-7473

**Residential Substance Use Treatment:** At Robert J. Wilson House and Jellison House, men have the opportunity to focus completely on recovery from chemical dependency in a home-like atmosphere.

The program is highly structured and emphasizes relapse prevention. Sober and drug -free lifestyles are supported and participation in 3 toxicology screenings a week is required. We offer supportive services that can become a part of your safety net after discharge as well.

- Trained professionals staff the 16- bed home 24 hours a day
- Pre-treatment assessment and support
- Individualized, integrated approach that emphasizes relapse prevention
- Individual, group, and family treatment
- Medical coordination
- Employment related supports
- Flexible lengths of stay are determined on an individual basis
- Sober housing referrals after program completion
- Psychiatric assessment, treatment, and medication management
- Coordination with other treatment providers and the legal system
- Assistance with obtaining housing benefits and other entitlement
- Aftercare planning
- Self-help related education and referrals

Wilson House is a state licensed, nationally accredited treatment residence.

**Recovery Housing:** The transition into committed recovery can be hard to navigate on your own. Community Care offers safe, affordable sober housing options for men 18 years of age or older who are seeking support services and housing that enable them to live a healthy, substance-free lifestyle.

The Houses:

- Teddy Jackson House in Pawtucket
- Fairmount House I and II in Woonsocket
- For Veterans (men only)
- Capitol Hill House, in Providence (handicap accessible)

What You Get:

- Lower than average housing fees
- Single bedrooms
- Free cable TV and washer/dryer access
- A bus stop either in front of the house or less than one block away
- A house phone and voice mail for local calls
- Methadone and Suboxone are allowed and kept secure in double locking storage areas
- Case management and assistance in applying for benefits and accessing more permanent housing
- Authorized guests until curfew (no children under 18)
- Communication with parole/probation officers, family and recovery coaches is strongly supported

Admission and Continued Stay Criteria

- Men 18 years of age or older alcohol/substance free for 30 days prior to moving in required
- Proof of attendance at a minimum of 3 self-help groups per week

- Must have a sponsor and a home group
- Participation in at least 2 tox screens per week
- Engagement in meaningful daily activities
- Participation in household chores, overall upkeep of the residence, and weekly House Meeting

#### Payments Accepted

- DBH slots
- Self-Pay

**Serenity Center:** One of the hardest things about being in recovery is deciding where to spend leisure time. The old "haunts" may not be a healthy choice in terms of well-being. At the Serenity Center people can come to be with others who support their recovery. It is a peer-run place that offers supports with Certified Peer Recovery Specialists. They have been facilitating activities—Motown Karaoke Night, Movie Night, Cookie Baking, Jewelry Making, Picnic in the Park, etc... since the Serenity Center opened in 2015.

#### Support groups offered include:

- Medication Assisted Treatment
- AA and Narcotics Anonymous
- Families Coping with Addictions

A person can visit and get a referral for basic needs and family supports, financial literacy classes, health and wellness activities, etc.

#### 66 Social Street, Woonsocket, RI

- Sundays — Wednesdays: 9-5PM
- Thursdays — Saturdays: Noon-8PM
- 401-488-4426

# Suicide Prevention

In Rhode Island if you or someone you know is at immediate risk of suicide or is not safe, please call RI Emergency 911 immediately.

If you are calling from out-of-state concerned about someone in Rhode Island, please contact the RI State Police who can coordinate with RI E-911 and municipal police. RI State Police – 401.444.1000

## The Samaritans of Rhode Island

**24 Hour Hotline/Listening Line:** (Est. 1977) Through the Crisis Hotline/Listening Line Program, trained volunteers have used non-judgmental, non-religious befriending skills to ease the emotional pain or crisis of more than 500,000 callers of all ages who are lonely, depressed, suicidal or seeking information to help a family member or friends. As requested, callers can be referred to community partners for professional mental health services. All calls are confidential and anonymous. The Crisis Hotline/Listening Line is open 24/7. (401) 272-4044.

**Safe Place Support Group:** (Est. 1981) There's a Safe Place to talk each Tuesday evening from 6:30 p.m. – 8:00 p.m. The support group provides a non-threatening environment where caring people who have experienced loss through suicide can share their feelings.

It is a self-help model in which members help each other through mutual understanding and support. This free program is open to adult family members, close friends and co-workers of people who have died by suicide.

**Youth Education:** (Est. 1986) The Samaritan of RI is mandated by the RI General Laws to provide school based suicide prevention education. Today, they provide suicide prevention education and supportive services for teens, young adults, parents, teachers, and agencies serving children, youth and families in a variety of ways.

**Outreach and Community Education:** (Est. 1977) Each year, The Samaritans' work to prevent suicides by providing presentations to raise public awareness of suicide and its risk factors. These presentations include a growing effort to reach out to special populations including youth, the elderly, as well as racial and ethnic minorities. Call to schedule a presentation.

**LifeLine:** Originally started in 1989, Lifeline is a partnership of the RI Department of Corrections and The Samaritans of RI. LifeLine is a peer to peer befriending program designed to provide new inmates with information which will help to lessen their anxiety, which is a result of incarceration and to serve as a peer outreach, awareness and referral for treatment effort before inmates become suicidal.

# Special Education Services

## Cumberland Public Schools

The Special Services Office for the Cumberland School Department works collaboratively with school and district leaders, teachers, students, and families to provide the tools, guidance, support, and services needed to ensure access to the general education curriculum for students with disabilities.

**What is Special Education?** Special Education is specialized instruction provided for children from ages 3 through 21 who qualify according to the laws and regulations outlined by the State of Rhode Island and federal government. A student may qualify for special education services as an individual with special needs in one of twelve areas identified by the Individuals with Disabilities Education Act (IDEA 2004). These include:

- Deaf/Hard of Hearing
- Deaf-Blind
- Visually Impaired
- Speech-Language Impaired
- Specific Learning Disability
- Multiple Handicapped
- Orthopedically Impaired
- Other Health Impaired
- Mentally Retarded
- Emotionally Disturbed
- Autism
- Traumatic Brain Injury

**The Special Education Process:** If your child is demonstrating a pattern of serious difficulty in school and frequently exhibits learning problems, consideration of Special Education may be considered. Below is a general outline of the process:

### *Referral and Identification*

A referral may come from a parent, teacher, physician, or building administrator. If you suspect that your child has a disability you should contact your child's classroom teacher, school counselor or building administrator to discuss further.

### *Assessment*

If your child is referred to the Evaluation Team for evaluation, the team will review all pertinent data to determine if further evaluation is needed to assist with determining if your child has a disability. If your child is determined to require further evaluations, evaluations will be completed within 60 calendar days of receiving your authorization to conduct evaluations.

### *Individualized Education Program (IEP)*

Upon reviewing the results of evaluations, the Evaluation Team will determine if your child is eligible as a student with a disability who requires specialized instruction from a special educator under one of the twelve eligibility categories. If your child is eligible for special education services an Individualized Education Program (IEP) will be developed by the IEP team. The IEP team consists of the parents/guardians, a school administrator, a special education teacher, the child's general education teacher, and other special education staff as determined by the team. During the IEP, annual goals are developed to help the student progress in the general education curriculum. Parents must give approval prior to placement and services beginning.

### *IEP Review*

Your child's program will be reviewed by the IEP team at least annually to determine progress in meeting established goals and to determine new goals as appropriate.

## **Common Evaluations in Special Education:**

### *Educational Evaluation*

Educational Evaluations are used to determine the student's general knowledge in the areas of reading, writing, and mathematics. Educational evaluations are administered by Special Educators in a one-on-one test setting with the student. Often one Educational test battery is used to gather this information; however, additional subtests may be administered to gain more detailed information about a student's profile of strengths and needs. The selection of evaluation tools is determined by the Special Educator conducting the evaluation. Common educational tests include the Woodcock-Johnson (general educational battery), Key Math, Gray Oral Reading, and the Test of Written Language (TOWL).

### *Psychological Evaluation*

A comprehensive psychological evaluation is used to develop a multi-faceted picture of how a student thinks, learns, and approaches new information. This may consist of a number of evaluation procedures including test batteries, rating scales, observations, and interviews. The selection of evaluation tools is determined by the School Psychologist conducting the evaluation.

Common components of psychological evaluations include:

- Cognitive Batteries – A battery of tests administered one-on-one with a student to measure general intellectual functioning (e.g., Wechsler Intelligence Scale for Children-

WISC, Wechsler Individual Achievement Test-WIAT, the Stanford-Binet, WISC Non-Verbal)

- Memory Battery– A battery of tests that is administered one-on-one with a student to assess memory ability as well as attention and concentration (e.g. Wide-Range Assessment of Memory and Learning- WRAML)
- Measures of Social and Emotional Functioning – Rating scales given to parents, teachers, and/or the child that measure numerous aspects of behavior and personality. This may include symptoms of Inattention, Hyperactivity, Depression, Anxiety, trouble with interpersonal relationships, and self-reliance. Scales include the Behavior Assessment Scale for Children (BASC), the Conners, and the Children’s’ Depression Index (CDI).
- Measures of Executive Functioning – Rating scales given to parents and/or teachers that measure executive functioning (a collection of processes that are responsible for guiding, directing, and managing cognitive, emotional, and behavioral functions, particularly during active, novel problem solving). This helps determine a child’s ability to in areas such as inhibiting impulsive behaviors, organizing materials, and planning long term projects (e.g., the Behavior Rating Inventory of Executive Functioning-BRIEF)
- Measures of Adaptive Skills – Rating scales given to parents and/or teachers that provide a picture of adaptive skills across the lifespan and look at areas such as communication, community use, functional academics, school and home living, health and safety, leisure, self-care, self-direction, and social skills (e.g., the Adaptive Behavior Assessment System- ABAS)
- Interviews – May be conducted with teachers, parents, and/or the student
- Observations – May take place in a number of settings such as the classroom, cafeteria, and school-wide activities

### *Social History*

The Social History consists of an interview with one or both of a student’s parents or guardians and the School Social Worker. This interview is used to gather background information about the student including family history (e.g., members of the family, where the family has lived), environmental or family stressors, and the student’s early development and medical history. Parents also provide their perception of their child’s academic and social abilities.

### *Clinical Psychological Evaluation*

At times, a more comprehensive psychological assessment may be necessary to gain a better understanding of a child’s functioning in school. In these instances, a Clinical Psychological evaluation is requested. These evaluations are completed by a licensed Clinical Psychologist. The psychologist will often interview parents, teachers, and/or the student, observe the student, and review the school’s files. Occasionally, additional evaluations (e.g., test batteries or rating scales) may be completed.

### **Office Contacts for the Special Services Office:**

The Special Services office supports students' ages 3-21 who require specialized instruction. The Special Services Office supports the work of Cumberland's school nurse teachers, psychologists, social workers, general classroom teachers, special educators, paraprofessionals, speech/language pathologists, school counselors, physical therapists, occupational therapists, and Teachers of the Visually Impaired.

Phone: 401-658-1600 x4

Fax: 401-658-1601

#### **Dr. Rachel Santa**

Director of Special Education

E-mail: [rachel.santa@cumberlandschools.org](mailto:rachel.santa@cumberlandschools.org)

#### **Ms. Judy Thomson**

Administrative Assistant

E-mail: [judy.thomson@cumberlandschools.org](mailto:judy.thomson@cumberlandschools.org)

Phone: 401-658-1600 x313

#### **Ms. Barbara Brunelle**

Statistical Data Clerk

E-mail: [barbara.brunelle@cumberlandschools.org](mailto:barbara.brunelle@cumberlandschools.org)

Phone: 401-658-1600 x314

#### **Nellie Normand**

Special Education Coordinator – Preschool

E-mail: [nellie.normand@cumberlandschools.org](mailto:nellie.normand@cumberlandschools.org)

#### **Alicia DeStefani**

Special Education Coordinator – Ashton, BF Norton Elementary Schools & North Cumberland Middle Schools

E-mail: [alicia.destefani@cumberlandschools.org](mailto:alicia.destefani@cumberlandschools.org)

#### **Kyle Santos**

Special Education Coordinator – Community, Garvin Elementary Schools & McCourt Middle

E-mail: [kyle.santos@cumberlandschools.org](mailto:kyle.santos@cumberlandschools.org)

#### **Tammy Lemieux**

Special Education Coordinator – Cumberland Hill & Cumberland High School

E-mail: [tammy.lemieux@cumberlandschools.org](mailto:tammy.lemieux@cumberlandschools.org)

**Cumberland Special Education Advisory Committee:** The Cumberland Special Education Advisory Committee serves as an advisory group on matters concerning the unmet needs of

students with disabilities in Cumberland. The purpose is to increase the involvement of parents of children with disabilities in making recommendations regarding special education policy issues. To find out more information or to join the email list serve, please contact the CSEAC at CumberlandSEAC@gmail.com.

## **Rhode Island Parent Information Network - Special Education Supports**

RIPIN's Special Education programs support families of children with disabilities from birth to age 26 navigating special education and transition to adulthood systems. RIPIN Peer Support Coordinators assist individuals and families and guide the development of their advocacy skills to raise their concerns in a wide variety of settings. RIPIN's Peer Support Coordinators represent the views of our constituents on statewide advisory councils and other committees, including participation on Local Advisory Committees (LAC) and school reform efforts. RIPIN's Special Education team provide workshops and learning opportunities on a variety of topics related to special education and transition.

**Parent Training and Information Center (PTIC):** has been a critical resource to parents for over 25 years. Trained RIPIN staff coach and guide families to actively participate in making informed decisions about their child's education. They support families in navigating the special education process and gaining an understanding of the Individuals with Disabilities Education Act (IDEA). They work with both families and professionals to build stronger partnerships that improve educational outcomes for their children. In addition to working directly with individuals, they provide resources, workshops, and training that strengthen the face-to-face work.

**Transition to Adult Services:** Our team supports students, young adults with disabilities, and their families as they transition to adult services; and learn about the options and resources available. Our team empowers young adults with disabilities and their families to actively participate in making informed decisions about the services they receive.

**Military Family Support Services:** RIPIN's Peer Support Coordinators assist active duty, retired military, veterans, National Guard, and Reserve personnel, who have a family member with a disability or a special need.

### **Helpful links:**

- [Resources](#)
- [Workshops](#)

For more information, call RIPIN at 401-270-0101 or email them at [info@ripin.org](mailto:info@ripin.org).

# Veterans' Services

There are a host of services available to veterans and current service members through the State of Rhode Island. For more information or to speak to someone regarding what services/benefits you are entitled to please contact the Office of Veterans Affairs at 401-921-2119.

**Aid and Attendance:** Veterans and survivors who are eligible for a VA pension and require the aid and attendance of another person may be eligible for additional monetary payment. These benefits are paid in addition to the monthly pension and are used to pay for healthcare services.

## Eligibility:

- You must have a current VA pension.
- You must require the aid of another person to perform personal functions. Examples include: bathing, feeding, dressing, attending to the wants of nature, adjusting prosthetics, or protecting yourself from hazards.

Additional requirements (you must meet at least one of the below criteria in addition to all of the above.)

- You are bedridden, in that your disability or disabilities require that you remain in bed apart from any prescribed course of treatment.
- You are a patient in a nursing home due to mental or physical incapacity.
- Your eyesight is limited to a corrected 5/200 visual acuity or less in both eyes; or concentric contraction of the visual field to 5 degrees or less

## How to Apply

You may apply for Aid & Attendance benefits by writing to the [Pension Management Center](#) that serves your state. You may also visit your local VA Regional Benefit Office for assistance.

You must include a [VA Form 2680](#) which must be filled out by a physician.

**Housebound Assistance:** Veterans and survivors who are eligible for a VA pension and are substantially confined to their immediate premises because of disability may qualify to receive an addition to your monthly pension amount to supplement a caretaker.

## Eligibility

- You must have a current VA pension.

Additional requirements (you must meet at least one of the below criteria in addition to having a VA pension.)

- You have a single permanent disability evaluated as 100-percent disabling and, due to such disability, you are permanently and substantially confined to your immediate premises.
- You have a single permanent disability evaluated as 100-percent disabling and, another disability or disabilities, evaluated as 60-percent or more disabling.

## How to Apply

You may apply for Housebound benefits by writing to the [Pension Management Center](#) that serves your state. You may also visit your local VA Regional Benefit Office for assistance. You must include a [VA Form 2680](#) which must be filled out by a physician.

## Contact information for Housebound Assistance:

John Gillard  
401-347-1307  
[john.gillard2@va.gov](mailto:john.gillard2@va.gov)  
380 Westminster St.  
Providence, RI 02903

**PVAMC Substance Abuse Treatment Program:** Many veterans have problems with use of alcohol, tobacco, or drugs. This can include use of street drugs as well as using prescription medications in ways they weren't prescribed. Such substance use can harm health, cause mood and behavior problems, hurt social relationships, and cause financial problems. Many people find it difficult to cut down or stop using substances on their own. Effective treatments for substance use problems are available at VA. Available treatments address all types of problems related to substance use, from unhealthy use of alcohol to life-threatening addictions.

The VA provides effective, scientifically proven services for all eligible veterans, no matter where they come for services. VA providers know that in many cases substance use problems are continuing conditions that require care over a long period of time. For other veterans, the substance use problems may be resolved more quickly with attention paid to related problems. Such related problems could be posttraumatic stress disorder (PTSD), depression, pain, disturbed sleep, irritability, and/or relationship problems.

### Services

- First-time screening for alcohol or tobacco use in all care locations.
- Short outpatient counseling including focus on motivation.
- Intensive outpatient treatment.
- Residential (live-in) care.
- Medically managed detoxification (stopping substance use safely) and services to get stable.
- Continuing care and relapse prevention.
- Marriage and family counseling.
- Self-help groups.
- Drug substitution therapies and newer medicines to reduce craving.

### Eligibility

To determine eligibility:

- Call 1-800-827-1000, VA's general information hotline, or
- Contact the OEF/OIF Coordinator at your local VA Medical Center, or
- Contact your local Vet Center, or
- Speak with your existing VA healthcare provider.

**PVAMC Women Veterans Program:** VA Women Veterans Health Care promotes the health, welfare, and dignity of women Veterans and their families by ensuring equitable access to timely, sensitive, high-quality health care. The Providence VA Medical Center is committed to meeting the unique needs of women Veterans by delivering the highest quality health care to each woman, while offering her the privacy, dignity, and sensitivity to gender-specific needs that she deserves.

The Providence VA Medical Center has a full-time Women Veterans Program Manager to assist women veterans in getting timely access to the health care they need.

### Services

- General health services, including primary care and gynecological care.
- Mental health counseling.
- Special employment and wellness programs.
- The VA also has a national Women Veterans hotline, 1-855-VA-WOMEN (1-855-829-6636), for general benefits information.

### Eligibility

- VA health care eligibility.

### How to Apply

- Veterans can apply for health benefits through [form 1010-EZ](#). The form can be submitted online, by phone, by mail, or in person at the Providence VA Medical Center. Women veterans can also apply for health benefits through the Women Veterans Program manager.

### Supplemental Materials

- [Providence VA Women Veterans' Information](#).

### Contact information:

[Tonya McConnell](#)  
401-273-7100 x6191  
[tonya.maselli@va.gov](mailto:tonya.maselli@va.gov)  
VA Medical Center  
830 Chalkstone Ave  
Providence, RI 02908

**Veterans Affairs Dental Insurance:** Dental services offered to veterans, their dependents and select civilians. Over 200,000 dentists accept Veterans Affairs Dental Insurance nationwide.

### Services

- Diagnostic
- Preventative
- Basic Restorative
- Major Restorative
- Endodontics
- Periodontics
- Oral Surgery
- Prosthodontics
- General Services
- An individual's covered services vary depending on the plan chosen.

### Eligibility

- Any veteran enrolled in VA healthcare
- Any individual enrolled in VA's Civilian Health and Medical Program (CHAMPVA)

### How to Apply

- Click [here](#) to enroll.

**YMCA Membership for Veterans:** We understand that military families are under enormous strain. By joining the Y, you and your family can spend quality time together and enjoy fun activities in a supportive environment. It's also a place to meet other military families who can relate to your unique situation.

### Eligibility

- Family members of deployed National Guard and Reservists
- Active Duty Independent Duty personnel and their families
- Wounded service members assigned to a Community Based Warrior in Transition Unit (CBWTU)
- Relocated spouse/dependent children of deployed Active Duty personnel

Note: The Relocated Spouse category supports families/spouse that relocates away from an installation/duty station while the active duty service member is deployed. All of the following criteria must be met:

- The service member is on active duty
- The service member is deployed for a minimum of six months on deployment orders
- The spouse has relocated away from the military installation where the service member is assigned (most often, back home near family).

### Supplemental Materials

- [MOI DoD Eligibility Form.](#)
- [MOI IDP Request.](#)

### Contact Information

Central Billing  
(401) 427-1892

**Bus Pass Program for Individuals with Disabilities:** RIPTA provides a no-fare and half-fare bus pass program for people with disabilities. The program is open to all veterans with a rating of 70% or higher from the VA. Low-income veterans are eligible for the no-fare program; those with income above the threshold are eligible for the half-fare program.

### Services

- A Bus Pass ID Card costs \$25 and is valid for 5 years.

- Any person holding a No Fare ID can ride free on all fixed route service.
- Any person holding a Reduced (Half) Fare ID pays half-fare during off-peak hours and full-fare during peak hours on all fixed route service.
- Some individuals may also qualify to travel with a personal care assistant, who rides free.

### Eligibility

- 70% or higher VA disability rating.
- For No-Fare Program: Income below 200% Federal Poverty levels. For 2014 (by household size), (1) \$23340, (2) \$31460, (3) \$39580, (4) \$47700.

### How to Apply

- Apply for the Bus Bass Program at Kennedy Plaza or call for more information.

### Documentation

- Photo ID.
- VA award letter showing disability rating of 70% or higher.
- For No-Fare Program: Proof of income.

### Contact Information

401-784-9500 x604  
1 Kennedy Plaza  
Providence, RI

**HUD-VA Supportive Housing:** HUD-VA Supportive Housing (HUD-VASH) provides housing choice rental assistance vouchers and case management to homeless veterans. HUD-VASH is a joint program of HUD Section 8 and the Providence VA Medical Center.

### Services

- Veteran must pay 30% of income.
- Veteran must agree to case management.
- There are 275 vouchers in RI and southeastern MA.

### Eligibility

- Veteran enrolled in VA health care.
- Veteran may not be a sex offender.
- Veteran must be chronically homeless – meaning homeless for 1 consecutive year or for 4 episodes (15+ days each) within the last 3 years.

### How to Apply

- Call to schedule an initial screening by program coordinator.

### Contact Information

Kerrin Charpentier  
401-265-4114  
[kerrin.charpentier@va.gov](mailto:kerrin.charpentier@va.gov)  
Providence VA Medical Center  
830 Chalkstone Avenue  
Providence, RI 02908

## **Operation Stand Down Rhode Island (OSDRI)**

OSDRI works hand in hand with almost every major state and federal agency as well as community organizations and employers to provide seamless referrals to outside sources of assistance.

Contact information:

1010 HARTFORD AVENUE  
JOHNSTON, RHODE ISLAND 02919  
401-383-4730 (Office)  
401-383-9107 (Fax)  
[osdri@osdri.org](mailto:osdri@osdri.org)

Some of the services provided by OSDRI include:

**Education and Training:** Employment and Training Program is focused on eliminating barriers by providing veterans and their families the employment and training services they need in order to re-enter the workforce. Job placement, training, job development, career counseling, resume preparation, and education are among the services provided.

OSDRI is the grant recipient for two major grants utilized to support the Employment and Training Program:

- *The Homeless Veterans' Reintegration Program (HVRP)* - an employment focused competitive grant program of the Department of Labor, Veterans' Employment and Training Service (DOL-VETS), the only federal grant to focus exclusively on competitive

employment for homeless veterans. OSDRI works with The Rhode Island Department of Labor and their Disabled Veteran Outreach Program (DVOP) within the American Job Center (AJC), to provide crossover services and additional coverage for eligible clients in need of HVRP assistance.

- *Real Pathways Rhode Island* - OSDRI's Real Pathways Program funded through the Governor's Workforce Board Real Pathways RI program." Real Pathways RI invests in workforce partnerships that include education and training entities that specialize in advancing career pathways. Partnerships are demand-driven and linked to the larger workforce development network and is designed to help veterans and their families obtain employment, increase education and obtain appropriate credentials.

**Legal Assistance:** OSDRI's *Legal Assistance for Warriors* (LAW) program provides pro-bono representation to eligible veterans in initial applications for VA and Social Security Disability Benefits, misdemeanor criminal matters before the Rhode Island Veteran Treatment Court, license restoration matters at the Rhode Island Traffic Tribunal / RI DMV, Landlord Tenant and limited Family Court cases. (\*) VA Disability and Social Security Disability Appeals are handled on a reduced fee contingency basis requiring no out of pocket expenses for the veteran. OSDRI's lawyers are experienced and accredited by the U.S. Department Veterans Affairs to represent veterans in the VA claims process.

**Housing:** A combination of permanent supportive, transitional and recovery housing offers low-income and disabled veterans a variety of options to meet their individual needs. Located on eight (8) campuses across Rhode Island, OSDRI has developed, owns and operates eighty-eight (88) units. Each housing program offers various levels of supportive services. Housing is available for females, males and families. Eligible veterans who are homeless receive assistance with security deposits, rent, moving expenses and emergency shelter. Those at risk of homelessness, may receive help with rent in arrears and utilities.

**Basic Human Needs:** OSDRI's food pantry is located at 1010 Hartford Avenue, Johnston. The pantry is available for use by in-need veterans during normal business hours and is stocked with non-perishables (canned fruit, vegetables, pasta, rice, etc.). Frozen poultry and meats are sometimes available as well. Veterans wanting to use the pantry must bring proof of veteran status before admittance. OSDRI's food pantry is supported solely by donations from individuals and community organizations. If you are interested in conducting a food drive or donating please contact the office directly.

Supermarket Gift Cards are always welcome and are primarily given to veterans with dependent children. Personal Hygiene products (body wash, deodorant, toothpaste, razors etc.) are also stocked. OSDRI welcomes donations of these items as well.